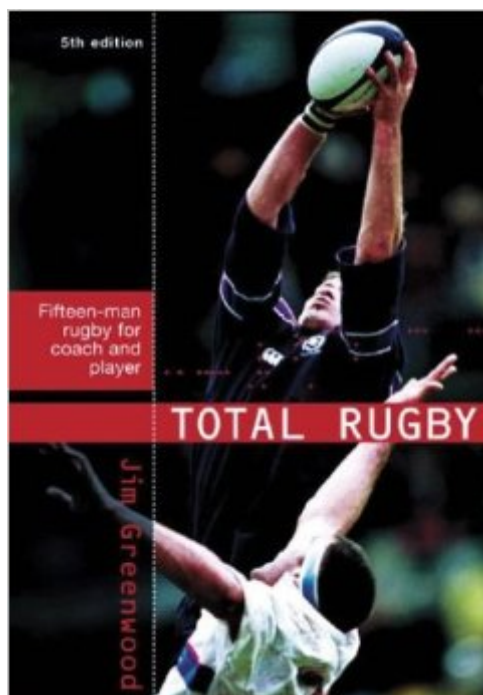


The book was found

Total Rugby: Fifteen Man Rugby For Coach And Player



Synopsis

Total rugby is the antithesis of play-safe rugby - an open, ebullient game in which every player is encouraged to show what he can do as an attacker, defender and supporting player. Total Rugby" has become one of the game's most seminal coaching manuals - it highlights Jim Greenwood's radical examination of every facet of the game and his ability to clearly convey the wealth of knowledge he has accumulated over many years. This fifth edition has been thoroughly updated and expanded."

Book Information

Paperback: 384 pages

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Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (6 customer reviews)

Best Sellers Rank: #1,225,407 in Books (See Top 100 in Books) #125 inÂ Books > Sports & Outdoors > Other Team Sports > Rugby #3257 inÂ Books > Sports & Outdoors > Coaching

Customer Reviews

Mr. Greenwood has all the basics in here, and it serves as a useful reference beginners wanting to get the basics of the game down, to more experienced ruggers who want to read up on strategy and training tactics.

Great, great book. Both for the new rugby player and the old hand. Only criticism I have is that more illustrations and diagrams would be helpful for the total newbie. However, since that wasn't the intended audience it only becomes a problem because there's nothing else comparable out there. Like the Bible, everytime you read it, you learn something new every time. Or something that you weren't ready to understand before becomes suddenly clear. A must-have for the rugby obsessed.

This is a must have for any rugby coach or player. Written by the architect of the modern game he leaves no coachable skill out of his detailed instructions. If you've every struggled to understand a concept, tactic or skill this book will have your answer.

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